



arteriovenous
FISTULA FIRST
AVF — The first choice for hemodialysis

LIFELINE FOR A LIFETIME

Weekly Tools for Maturing AVF or Healing
AVG

Janet Holland, Senior Clinical Research Manager

Conflict of Interest

- Employee of DaVita Clinical Research
- No other Financial Disclosures

Patient-Focused Access Plan



Patient-Focused Access Plan

#5 → **#6** → **#7** → **#8**

Waiting for my access to mature and heal

- Your care team will help you understand what this step means and how long it may take for your access to mature and heal

Using my access

- Your care team will help you prepare for when you can begin using your access

Getting my catheter out

- Once you begin using your access without any problems, you will need to have your catheter taken out

Taking care of my *Lifeline for a Lifetime*

- Working with your care team to learn and understand how to complete a daily one minute access check

Dialysis Professional

"Ready, Set, Go" The Steps to Catheter Freedom Week 1: Graft Healing & Readiness Check



- Perform graft healing check at each treatment or when patient reports a change.
 - Reinforce to patient the importance of daily graft checks.
 - Listen to the patient.

Look



Listen



Feel



Dialysis Professional

"Ready, Set, Go" The Steps to Catheter Freedom Weeks 2-3: Graft Healing & Readiness Check



- Perform graft healing check at each treatment or when patient reports a change.
 - Reinforce to patient the importance of daily graft checks.
 - Listen to the patient.

Look



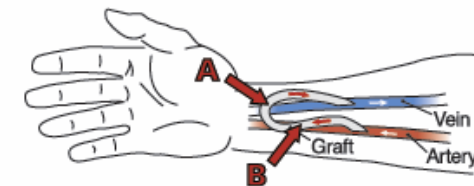
Listen



Feel



**Augmentation
Test**



Perform once.
If normal, no need to
repeat.

Dialysis Professional

"Ready, Set, Go" The Steps to Catheter Freedom Week 4: Graft Healing & Readiness Check



- Perform graft healing check at each treatment or when patient reports a change.
 - Reinforce to patient the importance of daily graft checks.
 - Listen to the patient.

Look



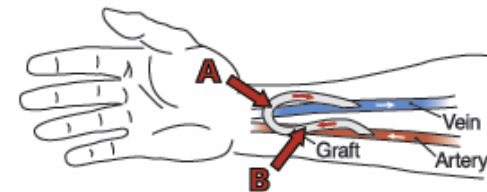
Listen



Feel



Augmentation
Test



(Optional)

Dialysis Professional

"Ready, Set, Go" The Steps to Catheter Freedom Weeks 1-2: Fistula Maturity Check



- Perform fistula maturity check at each treatment or when patient reports a change.
 - Reinforce to patient the importance of daily fistula checks.
 - Listen to the patient.

Look



Listen



Feel



Dialysis Professional

"Ready, Set, Go" The Steps to Catheter Freedom Week 3: Fistula Maturity Check



- Perform fistula maturity check at each treatment or when patient reports a change.
 - Reinforce to patient the importance of daily fistula checks.
 - Listen to the patient.

Look



Listen



Feel



**Arm Elevation test
(AVF Only)**



Dialysis Professional

"Ready, Set, Go" The Steps to Catheter Freedom Week 4: Fistula Maturity Check



- Perform fistula maturity check at each treatment or when patient reports a change.
 - Reinforce to patient the importance of daily fistula checks.
 - Listen to the patient.

Look



Listen



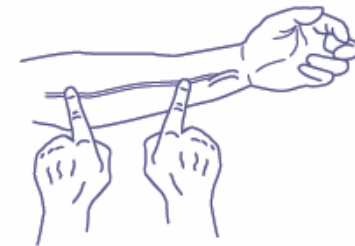
Feel



Arm Elevation test
(AVF Only)



Augmentation
Test



Perform once.
If normal, no need to
repeat.

Dialysis Professional

"Ready, Set, Go" The Steps to Catheter Freedom Weeks 5-6: Fistula Maturity Check



- Perform fistula maturity check at each treatment or when patient reports a change.
 - Reinforce to patient the importance of daily fistula checks.
 - Listen to the patient.

Look



Listen



Feel



**Arm Elevation test
(AVF Only)**



Dialysis Professional

"Ready, Set, Go" The Steps to Catheter Freedom Weeks 7-10: Fistula Maturity Check



- Perform fistula maturity check at each treatment or when patient reports a change.
 - Reinforce to patient the importance of daily fistula checks.
 - Listen to the patient.

Look



Listen



Feel



Arm Elevation test
(AVF Only)



Lifeline for a Lifetime:

Planning for Your Vascular Access



www.esrdncc.org



Vascular Access Planning Guide for Professionals



www.esrdncc.org

